## MAHARANA PRATAP GOVERNMENT P.G. COLLEGE, HARDOI INVITE YOU A WEB BASED TALK

ON

## "ROLE OF AEROBIC EXERCISES IN DAILY LIFE STYLE"





MEETING LINK I .D. :- 4612733620 , PASSCODE:- 123456 DATE 11 SEP 2021 TIME :11:00 PRINCIPAL

MAHARANA PRATAP P.G.GOVT.P.G.COLLEGE

HARDOI (UP)



## **KEY NOTE SPEAKER**

MR. KULJEET SINGH RANA
YOGA & AEROBIC INSTRUCTOR
S.R.T.M. UNIVERSITY
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## **CONVENOR**

JAI BHAGWAN SINGH ASSISTANT PROFESSOR (PHY.EDU.) M.P.G.P.G. COLLEGE HARDOI (UP)

MISSION SHAKTI TEAM :- Dr. Ajeet Anand Mani Tripathi , Dr. Shailza Sharma, Dr. Praveen Verma and all teachers